

**DEVON COUNTY ASA DEVELOPMENT PROGRAMME 2012****Saturday 22nd June 2013 Plymouth Life Centre**Session 1 Session timings

Girls	9/14yrs	200m	Breaststroke	
Boys	9/14 yrs	200m	Backstroke	
Girls	11/14yrs	100m	Freestyle	
Boys	12/14yrs	100m	Butterfly	2hrs 30m

## Session 2

Girls	9/14yrs	200m	Backstroke	
Boys	9/14yrs	200m	Breaststroke	
Girls	11/14yrs	100m	Butterfly	
Boys	12/14yrs	100m	Freestyle	2hrs 30m

**Sunday 23rd June Plymouth Life Centre**

## Session 3

Boys	12/14yrs	1500m	Freestyle
Girls	11/14yrs	800m	Freestyle

## Session 4

Boys	9/14yrs	100m	IM
Girls	9/14yrs	100m	IM
Boys	9/14yrs	200m	Freestyle

## Session 5

Girls	11/14yrs	100m	Breaststroke
Boys	12/14yrs	100m	Breaststroke
Girls	9/14yrs	200m	Freestyle

**Sunday 30th June 2013 Plymouth Life Centre**

## Session 6

Girls	10/14yrs	400m	Freestyle
Boys	9/14yrs	200m	IM
Girls	9/14yrs	200m	IM
Boys	12/14yrs	100m	Backstroke

## Session 7

Boys	10/14yrs	400m	Freestyle
Girls	9/14yrs	200m	Butterfly
Boys	9/14yrs	200m	Butterfly
Girls	11/14yrs	100m	Backstroke
Boys	Medley	Skins	
Girls	Medley	Skins	