

Exeter City November Open Meet
(Affiliated to DCSA & WCASA)
Level 3 Licensed Meet
Licence 3SW3868
Sunday 24th November 2013

Programme of events

age as at midnight on 24th Nov '13

all events are 'heat declared winners'
£5.00 per event

Session 1 8.30am warm-up for 9.30 start

1	G	200m individual medley
2	B	200m freestyle
3	G	50m butterfly
4	B	100m breaststroke*
5	G	100m backstroke*
6	B	200m butterfly
7	G	200m breaststroke
8	B	50m backstroke
9	G	50m freestyle
10	B	100m individual medley

Session 2 12.45pm warm-up for 1.30pm start or a minimum break of 45mins

11	G	100m individual medley
12	B	100m freestyle*
13	G	200m butterfly
14	B	50m breaststroke
15	G	50m backstroke
16	B	200m backstroke
17	G	100m breaststroke*
18	B	100m butterfly*
19	G	200m freestyle
20	B	200m individual medley

Session 3 4.45pm warm-up for 5.30pm start or a minimum break of 45mins

21	G	100m butterfly*
22	B	200m breaststroke
23	G	200m backstroke
24	B	50m butterfly
25	G	50m breaststroke
26	B	100m backstroke*
27	G	100m freestyle*
28	B	50m freestyle

* Only boys 12yrs and over and girls 11yrs and over. Time trials for these events can be swim if swimmer changes age for the County Championships