

**22nd Exeter City Sprint Meet**

Sunday 13th September 2015

The Pyramids Leisure Centre, Exeter

May 2015

Dear Club Secretary/Coach,

I have pleasure in enclosing the entry pack for the 22nd Exeter City Sprint Meet to be held on Sunday 13th September 2015 at The Pyramids Leisure Centre, Exeter.

As usual the Meet is being run on a strictly **first come, first served** basis. Please complete your entries as soon as possible to avoid disappointment. Last year this event was full and oversubscribed one week BEFORE the closing date. Preference will be given to clubs providing officials if the meet is oversubscribed.

This year’s closing date is Friday 7th August.

For safety reasons there will be no seating for clubs adjacent to the pool as the officials need to move freely up and down the side of the pool. The balcony on the right hand side of the pool will be reserved for clubs as well as the area at the shallow end.

The awards for top girl, boy and club will be presented but all other medals will be available for collection *throughout the day* at the medals desk poolside.

**The help of extra officials on the day is always appreciated and we expect that all clubs who enter 6 or more swimmers to supply at least one Qualified Official. Please let us know if this is not possible so that cover can be sought from other clubs.**

If you have any questions please contact me by telephone on 07563623057. Full details of our Sprint Meet and Hy-Tek file are available now (or soon will be!) on our website [http://www.exeterswimming.com/meets/sprint](http://www.exeterswimming.com/meets/sprint-meet-september-2015/)

***All club entries of more than 6 swimmers to be made on Hytek file please****.*

I look forward to seeing you at our Meet.

Yours sincerely,

**Helen Townsend**

**Meet Organiser**

Affiliated to Devon County ASA and ASA SouthWest

www.exeterswimming.com

** 22nd** EXETER SPRINT MEET

 SUNDAY 13th SEPTEMBER 2015

##  To be held at The Pyramids Leisure Centre, Exeter

#### **PROGRAMME OF EVENTS**

Doors Open 08:10

**SESSION ONE: 09:45 WARM UP 08:45**

***ALL heat declared winners***

BOYS 9,10,11,12,13,14,15+ 100m INDIVIDUAL MEDLEY

GIRLS 9,10,11,12 50m BACKSTROKE

BOYS 13,14,15+ 50m BREASTSTROKE

GIRLS 13,14,15+ 50m BUTTERFLY

BOYS 9,10,11,12 50m BREASTSTROKE

***15minutes break***

GIRLS 9,10,11,12 50m BUTTERFLY

BOYS 13,14,15+ 50m FREESTYLE

GIRLS13,14,15+ 50m BACKSTROKE

BOYS 9,10,11,12 50m FREESTYLE

### **SESSION TWO: TBC WARM UP :TBC**

***ALL heat declared winners***

GIRLS 9,10,11,12,13,14,15+ 100m INDIVIDUAL MEDLEY

BOYS 9,10,11,12 50m BACKSTROKE

GIRLS 13, 14,15+ 50m BREASTSTROKE

### BOYS 13,14,15+ 50m BUTTERFLY

GIRLS 9,10,11,12 50m BREASTSTROKE

***15minutes break***

BOYS 9,10,11,12 50m BUTTERFLY

GIRLS 13,14,15+ 50m FREESTYLE

BOYS 13,14,15+ 50m BACKSTROKE

GIRLS 9,10,11,12 50m FREESTYLE

## Presentations for Top Club, Top Girl and Top Boy

Cost of entry: £5.50 per event or £25 for all 5 events

Coaches Pass: £12.00 each (maximum 3 per Club)

Times should be 25m pool times.

***All entries for more than 6 swimmers to be made on Hytek File please***

 Exeter City Swimming Club

 The 22nd Exeter SPRINT MEET

####  SUNDAY 13th SEPTEMBER 2015

######  **At the Pyramids Leisure Centre, Exeter**

# **Swimmers: please use one form per swimmer & give to your Club Competition Secretary**

### FULL NAME………………………………………………… MALE / FEMALE

(Block Capitals) (Delete as necessary)

CLUB………………………………..TEAM MANAGER \*………………………………

ADDRESS…………………………………………………………………………………………

…………………………………………………………………………………………………

Email ………………………………………………………………………………

POSTCODE………………………….. TEL No:…………………………………………………

\***A.S.A. Member I.D**.…………………………………..

**\*AGEon13thSEPTEMBER2015**……………… \***Date of Birth** …………………………

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **AGE GROUPS** |  | **ENTRY TIME** | **ENTRY TIME** | **ENTRY TIME** | **ENTRY TIME** | **ENTRY TIME** |
| Please use 25m pool times | **AGE** | **50m****FREE** | **50m****BACK** | **50m****BREAST** | **50m****FLY** | **100m****IM** |
| GIRLS 9,10,11,12,13,14 and15/over  |  |  |  |  |  |  |
| BOYS 9,10,11,12,13,14 and15/over  |  |  |  |  |  |  |

Total number of events entered……… @ £5.50 per event = £

 (or £25.00 for all five events)

Number of coaches passes……… @ £12.00 = £

(Maximum two per club)

 **Total Fees = £**

I declare that the details I have entered are correct and agree to abide by the conditions laid down by the promoters of this event.

SIGNED…………………………………………….……………………Parent/Coach/Official/Self

Entry forms and cheques made payable to ‘Exeter City Swimming Club’ to be received no later than **Friday 7th August 2015**. Entries will be accepted on a first come, first served basis. Clubs must return **one cheque** in respect of all their entrants.

***All entries for more than 6 swimmers to be made on Hytek File***

*\* The entry list for the whole club will be sent to this person and Clubs must enclose a SAE for the Club Coach/Team Manage or provide an email address.*

Details are also available on our web site www.exeterswimming.com

Please return the completed form with fees to: Mrs Jo Burrow, Pennyland, Yeoford, Crediton, Devon EX17 5EU **NO RECORDED DELIVERY PLEASE**

EXETER CITY

Swimming Club

(Affiliated to the ASA SouthWest)

Presents the

22nd Exeter Sprint Meet

(Under ASA Laws & Technical Rules)

To be held on

### Sunday 13th September 2015

at the **Pyramids Leisure Centre, Exeter**

**\*50m all strokes and 100m IM– heat declared winners\***

 Age groups 9,10,11,12,13,14,15+ (Age on day)

* Trophies for top boy, top girl, top visiting club
* Ages 9, 10, 11 &12 – medals for top 6
* Ages 13,14 and 15+ - medals to top 3
* 6 lane 25m deck level pool with anti-wave lane ropes
* Swim Down pool
* Electronic timing
* £5.50 per entry or £25.00 for all five events

Entry Packs available from our web site

[**www.exeterswimming.com**](http://www.exeterswimming.com)

## Entries close Friday 7th August 2015

#####  First Come, First Served

Entries and a large SAE for each Team Manager/Coach to be sent to

Mrs Jo Burrow, Pennyland, Yeoford, Crediton, Devon EX17 5EU

NO RECORDED DELIVERY PLEASE

e-mail ……..jo\_burrow@hotmail.com



Meet

Officials

###### Exeter City Sprint Meet, The Pyramids,

Sunday 13thSeptember 2015

Thank you for your interest in our Meet.

**The help of extra officials on the day is always appreciated and we expect that all clubs who enter 6 or more swimmers to supply at least one Qualified Official. Please let us know if this is not possible so that cover can be sought from other clubs.**

Please tick the boxes as appropriate and return the slip to me at the above address as soon as possible.

Thank you very much for your help.

Kind regards

Officials Co-ordinator

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**Exeter City Sprint Meet 2015**

Name………………………………………Club……….…………ASA no……………

Address…………………………………………………………………………………..

Telephone Number………………… e-mail address…………………………………

Morning Session - starts 9.45am  Afternoon Session - starts TBC 

Referee  Chief Timekeeper 

Starter  Timekeeper 

Judge  Qualification level­­­\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_